

ABOUT DURHAM CENTER ACCESS

DURHAM CENTER ACCESS is a twenty-four hour a day facility for stabilization and short-term treatment of adults with mental health, developmental disability and substance abuse crises. We provide assessments of people in crisis, 11 crisis evaluation and observation beds, and 16 residential beds. We are able to assess individuals for possible hospitalization, detoxification or crisis stabilization. We also provide medication stabilization for those in residence and can make outpatient referrals.

Durham Center Access can provide evaluation of children and adolescents, but we cannot offer residential treatment to individuals under the age of 18.

THE GOALS OF DURHAM CENTER ACCESS

Reduce State hospital utilization



Support community-based treatment



Coordinate with outpatient providers to help ensure ongoing care and a positive outcome for consumers



309 Crutchfield Street
Durham, NC 27704
*(on the Durham Regional
Hospital campus)*

(919) 560-7100
(800) 510-9132

Operated by

Freedom House
recovery center



ROUND-THE-CLOCK COMPREHENSIVE CRISIS SERVICES

for the citizens of Durham County

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OUR SERVICES

MEDICAL DETOXIFICATION

Crisis Evaluation

Nursing assessment, psychiatric evaluation by trained medical staff

Medical support to taper off from alcohol and benzodiazepine dependence

Non-methadone opiate detox

Peer and staff support groups

12 step-based groups (AA/NA)

Peer and staff one-to-one counseling

Psychiatric medication evaluation as needed

Help with long-term residential or outpatient treatment plans

SUBSTANCE DEPENDENCE

Assessment/Evaluation

Nursing assessment, psychiatric evaluation by trained medical staff

Peer and staff support groups

12 step-based groups (AA/NA)

Peer and staff one-to-one counseling

Psychiatric medication evaluation as needed

Connection to community outpatient providers to assist with discharge planning and ongoing care

MENTAL HEALTH CRISIS

Evaluation, assessment and stabilization

Nursing assessment, psychiatric evaluation by trained medical staff

Medication monitoring, with limited formulary of psychiatric medications

Residential treatment

Help with long-term follow up with community support workers and physicians to ensure ongoing care

Evaluation for hospitalization when appropriate (risk of harm to self or others, active medical issues, unstable detox requiring more active monitoring)

MEDICAL TREATMENT

Limited treatment of chronic and acute medical conditions for residential consumers in mental health or substance abuse crises

Additional supply of outpatient medications brought by individuals and/or a limited formulary of over-the-counter and prescription medications for common chronic conditions

Monitoring of vital signs, blood sugar levels and the need for further medical treatment

Assessment but not treatment of emergent medical conditions (we cannot provide routine lab work or medical tests)

PETITION EVALUATIONS

24-hour medical staff to access involuntarily-committed individuals for hospitalization, admission to Durham Center Access, or release to the community

