

CFAC Questions & Answers

Q: What is CFAC?

A: An advisory committee to The Durham Center made up of people who experience or have family members who experience mental health, developmental disability and/or substance abuse issues.

Q: What is The Durham Center?

A: As the Local Management Entity (LME) for Durham County it manages MH/DD/SA services for the County's citizens.

Q: By what authority does CFAC operate?

A: CFAC and its roles and responsibilities are mandated by North Carolina law.

Q: What are the key issues for Durham CFAC?

A: CFAC has identified housing, employment and reduction of stigma as key issues for our community, but it also addresses other issues.

Q: How does CFAC help The Durham Center?

A: It points out gaps in services, offers suggestions for long-term planning and reviews certain organizational documents.

Q: Does CFAC have a role outside The Durham Center?

A: It has an important role in educating public officials and the public about important issues.

Q: When does CFAC meet?

A: CFAC meets on the first Monday of each month from 5:30-7:00pm.

Q: Are CFAC members compensated?

A: A stipend is offered for meeting attendance.

"I was just coming out of a long depression and intuitively knew that I needed to find a place to be of service; I could best help myself through offering my experience to others. Someone suggested Durham's Consumer and Family Advisory Committee and I hit the jackpot. There were people working across disabilities, interested in *true* mental health reform. It provided me with many ways to contribute.

Through hard work and participation I continued to get stronger and more focused. Today, due to determination, hard work and CFAC, I have a professional position in the community doing a job I love."

*Sharon M. Youse, Program Manager
Triangle Empowerment Center*

Our role, and your role, can be to:

- ◆ Advise and comment on State and local business plans
- ◆ Make recommendations regarding sufficiency of services
- ◆ Provide input regarding development of additional services and new models of service
- ◆ Participate in monitoring service development and delivery
- ◆ Participate in developing, monitoring and evaluating quality improvement activities

**Your Input is Needed and Valued.
One Person Can Make A Difference!**

*An application can be found
on the inside of this brochure.*

Consumer & Family Advisory Committee (CFAC)

Of Durham County



**An Active Group Making a
Difference in Mental Health Reform**

Email: DurhamCFAC@gmail.com

Durham Consumer and Family Advisory Committee Application Form

Name: _____ Phone: _____

Address: _____

Email Address: _____

Myself or my family member is a person with the following (check all that apply):

MYSELF	A FAMILY MEMBER
___ Mental Illness	___ Mental Illness
___ Substance Abuse Issues	___ Substance Abuse Issues
___ Developmental Disability	___ Developmental Disability
My Age ___0-18 ___19-22 ___23-64 ___65+	His/Her Age ___0-18 ___19-22 ___23-64 ___65+
Gender: ___ Male ___ Female	Gender: ___ Male ___ Female
Country where you live _____	Country where he/she lives _____

I am interested in serving on this Committee because _____

Signature _____ Date _____

(Any information you share will be provided by The Durham Center to the Durham CFAC for recruitment purposes only.)

For consideration please return this application to:

The Durham Center
Attention: Customer Service
501 Willard Street
Durham, NC 27701

Or contact the CFAC Communications Committee Chair by email at:
DurhamCFAC@gmail.com