

**DURHAM CONTINUUM OF SERVICES**  
**ADULT SUBSTANCE ABUSE**  
**Updated February 2009**

Levels of Care within Continuum	NC Modified ASAM Patient Placement Criteria	Description of Services	Current Service Providers Contracted with Durham Center	Current Licensed Service Providers NOT Contracted with Durham Center
Peer Support	N/A	12 Step Programs (AA, NA, ALANON, ALATEEN) Faith Based Peer Drop-In	Healing With CAARE-SA Clubhouse Triangle Empowerment Center	12 Step Programs Faith Based Urban Ministries
Family Support	N/A	Parenting Resources Parent Support Family Support/Education	Exchange Club (Nurturing Parenting & Family Support Program) Freedom House-family members of individuals in SA outpatient, halfway houses	
Prevention	Level .05	Prevention Education Services Drug Education Program Alcohol Drug Education Traffic School	CJRC (Court Involved) Healing with CAARE (HIV test & counsel) Partnership for a Drug- Free NC-Unlimited Success Durham TRY (public awareness, community coalition)	Alcohol and Drug Council of NC COSTRAN (ADETS)
Outpatient	N/A	Brief Strategic Intervention	<b>Not available</b>	
	N/A	SA Screening/Assessment/Referral	CJRC ( <i>court involved only</i> ) SA Assessors at DCA++ SA Professional at DSS	Alcohol and Drug Council of NC ( <i>Resource info only</i> ) Duke TASC Costal Horizons ( <i>court involved only</i> )
	OMT	Opioid Maintenance Outpatient Setting	BAART Community HealthCare (includes outpatient therapy)	Durham Treatment Center Duke Addictions
	Level I	Outpatient Individual and Group Counseling Community Support Services	Alternative Care Treatment Services (MH & SA) * Duke Family Care ( <i>Perinatal, Women</i> ) Freedom House-SA Outpatient @ DCA++ Fonseca Family Services (basic outpatient, Community Support)* Healing with CAARE * Triumph (MH & SA)*	C.A.R.E Clinic ( <i>insurance/self pay</i> ) Duke Hospital

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	Level II	Intensive Outpatient Program (SAIOP)	BAART Community HealthCare (for dually-diagnosed)++ Freedom House-SA Outpatient @ DCA++ Duke Family Care (Perinatal, Women) Healing with CAARE * Hope Centre* (SAIOP & CST) IDDT (for dually-diagnosed, comprehensive service) TRANS-ACTT (for 16-24 yr olds w primary MH)*	Duke Addictions First Step Services (insurance/self pay) STARR (in Durham Co Jail only)
	Level II.5	Partial Hospitalization/ Day Treatment/SACOT	CASCADES (Perinatal)* CJRC (court involved only) Freedom House-Westgate Healing with CAARE * Visions of Hope* Your Choice Health Services*	Duke Addictions First Step Services (insurance/self pay)
Detoxification	Level I-D	Ambulatory/ Outpatient	Not available	Duke Addictions
	Level III.2-D	Social Setting	Not available	
	Level III.7-D	Non-Hospital Medical	Durham Center Access (Freedom House)	
	Level IV-D	Medically Managed Intensive Inpatient Hospital	Central Regional Hospital/ ADATC Holly Hill	Local Hospitals
Residential	Level III.05	Transitional Independent Housing	Freedom House Transitional (Men & Women) TROSA-Transitional (Men) Recovery Center of Durham II (Women)	
	Level III.1	Halfway House	Freedom House Men's Freedom House Women's Recovery Center of Durham I (Women)	Dove House (women) Phoenix House (men)
	Level III.3	Long Term Supportive Housing	Not available	Urban Ministries- Hope Recovery Durham Rescue Mission Genesis House Oxford Houses TROSA Recovery Center of Durham
	Level III.3	Clinically Managed Medium Intensity Residential	Not available	
	Level III.3D	Social Detoxification	Not available	

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	Level III.5	Clinically Managed High Intensity Residential/ Therapeutic Communities	CASCADES ( <i>Perinatal</i> )* TROSA	
	Level III.7	Medically Monitored/ Detoxification Intensive Inpatient	Central Regional Hospital/ ADATC Holly Hill	Duke University Medical Center
	Level III.9	Secure Detoxification	Central Regional Hospital/ ADATC	
	Level IV	Hospital Inpatient Treatment	Central Regional Hospital	
Crisis		Crisis Stabilization	Durham Center Access Mobile Crisis	

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### Contact Information for Resources

**\*Durham Center Screening – 560-7100 – contact for access to contracted services**

Organization	Contact	Phone Number	Email
<b>Alcohol &amp; Drug Council of NC</b>	Anne Doolen	1-800-688-4232 (info & referral line) 493-0003	adoolen@aol.com
<b>BAART Community HealthCare</b>	Teresa Fleming (dir)	683-1607	<a href="mailto:tfleming@baartprograms.com">tfleming@baartprograms.com</a>
<b>DD-IOP</b>	Vinett Daley	683-1607x29	vdaley@baartprograms.com
<b>CASCADES</b>	Alicia Parker Joey Carey (dir)	490-6900	
<b>CJRC</b>	Gudrun Parmer	560-0503	gparmer@co.durham.nc.us
<b>COSTRAN</b>	Michael Glass	667-1880	jmglass@nc.rr.com
<b>Dove House</b>	Terry Allebaugh	682-3777	terry@housingfornewhope.org
<b>Duke Addictions</b>	Paul Nagy	668-3623	nagy0003@mc.duke.edu
<b>Duke Family Care</b>	Toby McCoy	681-5513	mccoy023@mc.duke.edu
<b>Durham Rescue Mission</b>		688-4909	
<b>Durham TRY</b>	Wanda Boone	491-7811	durhamNCTRY@aol.com
<b>Exchange Club's Family Center</b>	Margaret Zealy	403-8249 X225	MZealy@exchangefamilycenter.org
<b>Fonseca Family Services</b>		919-683-1500	
<b>Freedom House – DCA SA Outpatient Francis St (Women) Men's House &amp; Transitional House</b>	Trish Hussey (ExDir) James Osborn Anita Daniels Theresa Poole	942-2803 560-7305 560-7305 425-5453	<a href="mailto:director@freedomhouserecovery.org">director@freedomhouserecovery.org</a> josborn@co.durham.nc.us danielsa@co.durham.nc.us <a href="mailto:theresa43056@aol.com">theresa43056@aol.com</a>
<b>Genesis House</b>	Bud Curry	428-5686	<a href="mailto:fhdurhammen@nc.rr.com">fhdurhammen@nc.rr.com</a>
<b>Healing with CAARE</b>	Ryan Furman	683-5878	ryan@genesishome.org
<b>Hope Centre</b>	Pat Amaechi (ExDir) Renee Bowie (HIV test & counsel) Keisha Blount (SA dir)	683-5303 X4 687-0791 687-0795X12	<a href="mailto:pamaechi@aol.com">pamaechi@aol.com</a> <a href="mailto:renee3_99@yahoo.com">renee3_99@yahoo.com</a> <a href="mailto:keishabloun@aol.com">keishabloun@aol.com</a> or kblount@caare-inc.org
<b>IDDT</b>	Rita Pompey	383-0426	Rpompey.hope@gmail.com
<b>Network of Care</b>	Rachel Billian	430-0170 X115	<a href="mailto:Rachel.Billian@nc.eastersealsucp.com">Rachel.Billian@nc.eastersealsucp.com</a>
<b>Oxford Houses</b>	<b>Online database of available services</b>		<a href="http://durham.nc.networkofcare.org">durham.nc.networkofcare.org</a>
<b>Phoenix House</b>	Kathleen Gibson	395-8206	katgibson@nc.rr.com
	Terry Allebaugh	680-0371	terry@housingfornewhope.org

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<b>Organization</b>	<b>Contact</b>	<b>Phone Number</b>	<b>Email</b>
<b>Recovery Center of Durham</b>	Burnie Bass	638-4755	savinglives1@aol.com
<b>STARR</b>	Randy Tucker	560-0972	rtucker@co.durham.nc.us
<b>State Hospitals (ADATC, Holly Hill, CRH)</b>	The Durham Center	560-7100	
<b>TASC</b>	Dianne Smith	560-0555	<a href="mailto:dsmith@co.durham.nc.us">dsmith@co.durham.nc.us</a>
<b>Triangle Empowerment Center</b>		687-7700	
<b>Triumph</b>	Lisa Copley	683-1800	lcopley@triumphcares.com
<b>TROSA- Therapeutic Community Transitional Living</b>	Kevin McDonald (CEO) Carly Lopez (intake) Robyn Duff	419-1059 419-1059	<a href="mailto:kmcdonald@trosainc.org">kmcdonald@trosainc.org</a>  <a href="mailto:rduff@trosainc.org">rduff@trosainc.org</a>
<b>Unlimited Success</b>	Colleen Hughes	919-623-9977	chughes@drugfreenc.org
<b>Urban Ministries</b>	Peter Donlon (interim director)	682-0538 X27	<a href="mailto:pdonlon@umdurham.org">pdonlon@umdurham.org</a>
<b>Visions of Hope</b>		(919) 834-1166	
<b>Your Choice Health Services, LLC</b>		919-672-8284	

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