

THE DURHAM CENTER
Managing Behavioral Health & Disability Services

AREA BOARD MEETING
Minutes
Thursday, May 1, 2008

The Durham Center Area Board met at 4:00 pm, May 1, 2008 at 501 Willard Street.

MEMBERS PRESENT: Doug Wright, Earl Phillips, Colleen Kilsheimer, Thomas Owens M.D., Eureka Capri-Daye, Karen Crumbliss, Rev. Melvin Whitley, Phillip Golden, Amelia Thorpe, George Quick

MEMBERS EXCUSED: Ellen Reckhow

MEMBERS ABSENT:

GUESTS PRESENT: None

STAFF PRESENT: Ellen Holliman, Susan Knox, Bob Hufham, Bill Young, Carrie Baines, Teresa McDonald, Kathy McNeill, Sheila Burge, Hilda Smith, Tina Howard, Carla Daye, Kelly Goodfellow, Jim Kinnan, LisaCaitlin Perri, May Alexander, Michelle Zechmann, Jennifer Meade, Ann Oshel, Vivian Harris, Denene Hinton

OTHERS PRESENT: Lowell Siler, M. Milliken-Herald-Sun, Wanda Boone, TRY, Paul Naggy, Teresa Flemming-BAART, Tracey Lewis-TROSA, Robin Duff-TROSA, Kevin McDonald-TROSA, Alicia Camacho-DECI

Call to Order

Area Board Chair Doug Wright called the meeting to order at 4:10 PM

Announcements

Chairman Wright announced that Matthew Wallace has resigned from the Board and congratulated Rev. Whitley for being recognized as an Exemplary Volunteer by Durham County Boards and Commissions.

Mrs. Kilsheimer announced that the Voices Together concert was an enormous success on Friday April 25, 2008.

Chairman Wright welcomed Matthew Milliken from the Herald-Sun.

Agenda Adjustments

None

Recognition of Team of the Month

Ellen Holliman introduced Carrie Baines to present the Contract Specialists Team, Sheila Burge, Hilda Smith, and Bill Young for Team of the Month recognition.

Finance Committee Report

Chairman George Quick reported that the Committee met May 1st and reviewed the YTD budget. He reported a \$2.5 Million surplus is expected at year end with two months left in this fiscal year. There were no items presented for action.

Consent Agenda

The following items were reviewed and discussed by the board.

- A. April 3, 2008 Regular Board Meeting Minutes
- B. Quality Management Committee Report
- C. Human Rights Committee Report
- D. Consumer and Family Advisory Committee Report
- E. Approval of Area Board Policies
- F. Approval of policies required for CARF

Vivian Harris gave an overview of the Area Board governance policies that are required for CARF accreditation.

George Quick moved approval of the Consent Agenda, **Seconded by Earl Phillips.**
Passed unanimously.

Public Comment:

None

SA Epidemiology Study

Dr. Joel Rosch from Duke was introduced as one of the author's of the report. Highlights of the report were included in the Board Packets as well as available on the Durham Center web site.

Dr. Rosch gave an overview of why the Study was done and how the information might be used. Discussion included the following points:

1. Information was gathered from various sources seeing different aspects of the Substance Abuse (SA) problem in Durham County.
2. Information could be used to determine where to put law enforcement for certain types of drugs or where to locate treatment.
3. The report can be used to better plan and allocate resources.

4. Methodology developed by the National Institute on Drug Abuse to help communities gather the information. Durham was the first community in North Carolina to use this. State of North Carolina has asked the author's to do a study for the entire state.
5. The report can be used for Inter-agency cooperation when problem areas are highlighted.
6. Training to smaller agencies in the community on how to use the information on the report.
7. Substance Abuse that stand out in Durham; Heroin, Methadone, Cocaine, and Alcohol.
8. With zip codes identified, the providers can marshal their resources to those specific areas.
9. Conducting the study in the future for comparison can help determine which programs are having an impact.
10. The April Insert on Substance Abuse, published in the Herald-Sun, was distributed to all Board members.

SA Program Update and Board Report

The May Board Report was distributed at meeting. Tina Howard, The Durham Center's Substance Abuse Specialist, presented an update on the substance abuse plan that was developed five years ago by the Substance Abuse Advisory Council and the 5 goals that were set.

1. Removing the stigma of substance abuse
The program received award from the NC Council for community programs for public awareness activities.
2. Using the System of Care framework to deliver services
Team of volunteers named SAY IT (Substance Abuse Youth Intervention Team) was organized and trained.
3. Recruiting and training a qualified workforce
When started in 2004, there were a limited number of qualified professionals in the community, but over the last two years there has been a 200% increase in credentialed professionals working for contracted agencies. The Durham Center has provided over 100 of the required 270 hours of training to over 250 professionals in the community.
4. Improving Substance Abuse services and expanding the array of services for adults and youth.
Over the last year 8 additional services were contracted and existing services contracted.
5. Provide intensive Technical Assistance for Best Practice Services

Ms. Howard introduced two of the programs community partners.

Wanda Boone; Director and founder of Durham TRY (Together for Resistant Youth), a community coalition dedicated to preventing substance abuse and Chair of The

“...hospital action urgent”, editorial, News and Observer, April 11, 2008

“Good health ideas-One benefit of election season is the potential for good ideas. Candidates for governor have some for mental health reform” editorial, News and Observer, April 11, 2008

“New mental health report amid more questions about privatization”, Chris Fitzsimon, Fitzsimon File, April 4, 2008

“2 local mental-health offices rate low”, Lynn Bonner, News and Observer, April 5, 2008

“Study gives area mental-health agencies good marks”, Richard Craver, Winston-Salem Journal, April 5, 2008

“A mentally ill 14-year-old from Rowan County...” Lynn Bonner, News and Observer, April 5, 2008

“Their failure, our mess”, Wilmington Star, April 7, 2008

Material handed out at the meeting:

Final FY2008 May Report to the Area Board: Substance Abuse Prevention, Assessment, Treatment, and Outcomes

“April is Alcohol Awareness Month: Let’s Build a Stronger, Healthier Durham” Newspaper Insert

Substance Abuse and Abuse in Durham County: Highlights from the baseline report-2007