

THE DURHAM CENTER
Providing Behavioral Health & Disability Services

AREA BOARD MEETING APRIL 7, 2005
Minutes

The Durham Center Area Board met April 7, 2005 at 501 Willard Street in the downstairs conference room.

MEMBERS PRESENT:

Doug Wright, Nancye Bryan, Karen Crumbliss, Colleen Kilsheimer, Ellen Reckhow, Terry McCabe, Phil Golden, Emily Baldwin, George Quick

MEMBERS ABSENT (EXCUSED):

Tom Owens, Eureka Capri Daye, Hugh Wright

MEMBERS ABSENT (UNEXCUSED):

None

STAFF PRESENT:

Ellen Holliman, Janet Whichard, Carrie Baines, Kelly Goodfellow, Carla Alston, James Osborn, Beth Bordeaux, Vivian Harris, Paula Perez, Gwynn Crow, Rob Robinson

OTHERS PRESENT: Lowell Siler, County Attorney

Area Board Chair Doug Wright called the meeting to order at 4:00 PM.

APPROVAL OF MARCH 3, 2005 MINUTES

A correction was made to the last paragraph of page three of the March 3, 2005 Board minutes adding the word collaborative following the work children's.

A motion was made to approve the Area Board Minutes as corrected by Nancye Bryan and seconded by Phil Golden. The motion unanimously carried.

COMMITTEE REPORTS

Human Rights: Colleen Kilsheimer reported the committee met last week with 4 members present plus Paula Perez. Ms. Perez, our new bi-lingual Customer Service Specialist was asked to share her background with Board members.

The Human Rights Committee discussed the proposed client rights brochure. The committee supported the brochure and further recommended that a doorknob hanger with simple rights information be developed for those who have difficulty reading.

Karen Crumbliss suggested that staff contact the Office for Disability and Health for sample materials for people with Developmental Disabilities.

Finance: George Quick reported that the committee met today and talked about the FY 05-06 budget. It will be presented under the action items along with two budget amendments for approval. The audit program is working well as several vendors have been audited thus far and we have found several discrepancies. We are working with the programs to clear up the discrepancies and to help vendors understand financial requirements.

PUBLIC COMMENT: None

ACTION ITEMS

1. **Budget Amendment.** The following Budget Actions were presented to the Board for discussion and approval.

ITEM: Budget Amendment 05N80D21

REQUEST FOR BOARD ACTION:

Budget Item #1

The Durham Center requests that the Medicaid budget for fiscal year 04-05 increase from \$19,447,996 to \$21,947,996, a difference of \$2,500,000.

Fiscal year-to-date, we have expended \$13,700,000 in adult and child Medicaid funds. Based on projections, we anticipate that we will expend an additional \$6,000,000 by the end of the year. We currently have approximately \$3,500,000 encumbered; therefore, we need an additional \$2,500,000 in funding.

There are other cost centers that have Medicaid funds budgeted, however, these funds are allocated for different resources and cannot be moved.

A motion was made by George Quick and seconded by Terry McCabe to approve the budget amendment increasing Medicaid by \$2,500,000. The motion carried unanimously.

Ellen Holliman noted that the increase is an indication of the increased number of persons being served.

Budget Item # 2

REQUEST FOR BOARD ACTION:

The Durham Center has been allocated a total of \$246,779 in non-UCR Mental Health Trust Fund dollars on a one-time basis for the purpose of developing and providing services needed to decrease admissions to

State Psychiatric Hospitals and for long term care for individuals discharged or diverted from State Psychiatric Hospitals. Of these funds, \$137,445 is to be used for local inpatient hospitalization days for those medically indigent related to Adult Admissions. An additional \$109,334 are to be used for Long Term Care to develop and support a drop in center rehab option.

Additional funding was allocated for SFY06 and SFY07:

SFY06

Adult Admissions	non-UCR	\$274,890
Adult Long Term Funding	UCR	\$220,000

SFY07

Adult Admissions	UCR	\$274,890
Adult Long Term Funding	UCR	\$220,000

A motion was made by George Quick and seconded by Terry McCabe to approve the budget amendment in the amount of \$246,779. The motion unanimously carried.

Ms. Holliman commented that of these funds, \$137,445 will be contracted for inpatient beds with Duke. We expect to be going back to the state soon for inpatient and crisis dollars out of state hospital money (probably \$400,000) as our data strongly supports our need. Drop in center (Peer support) RFP for \$109,334 was released during March.

2. 05-06 Budget

Kelly Goodfellow distributed an updated copy with minor revisions due to updates from a meeting with the County this date. The budget went from \$41 to about 38 million due to requirement for direct Medicaid enrollment by providers. We will continue to bill until providers are directly enrolled. There will be no Medicare revenue plan for 05-06 due to the absence of direct services within the LME.

Ms. Goodfellow shared that we are requesting an increase of \$350,000 in local funds. A local funds justification comparison for 04-05 budget compared to 05-06 will be provided to the County as well as the Area Board.

Ms. Holliman requested the May Board meeting be used to discuss the priorities and goals for 05-06. The budget will not be finalized until the June meeting. We would like to give other groups like CFAC and other providers opportunities to present so we can prioritize and feed this into our budget justification.

A motion was made by George Quick and seconded by Nancye Bryan to approve the 05-06 Budget. The Motion carried unanimously.

A discussion followed about the pharmacy. Ms. Holliman informed the Board that a committee chaired by Dr. Al Mooney will make a recommendation regarding the future of pharmacy services provided by the Durham Center. At this time the pharmacy is budgeted for 12 months in the 05-06 budget.

The preliminary recommendation is that we develop a drug formulary using cost effective but therapeutic equivalent drugs for expenditure of our indigent dollars. Dr. Al Mooney will be asked to address this topic at a future board meeting.

We will break out the 05-06 dollars by disability and number of clients being served. Final priorities will be brought back to the June meeting.

3. Approval of Policies: Around Senate Bill 163

Vivian Harris was introduced by Ellen Holliman to talk about the policies included in the Area Board packet. Ms. Harris announced that policies were being presented as information and would be voted on at the May meeting. Once feedback is received from the Board and CFAC the final draft will be circulated for final approval. These policies include:

1. Monitoring of Facilities and Services;
2. After Hours Coverage In the Provider Community;
3. LME Management of Incidents;
4. Utilization Management and Utilization Review.

These policies were written almost straight from the state rules.

There was discussion about the 90-day and triennial review with Terry McCabe requesting that new providers be fully reviewed much earlier than three years. He recommended 18 months. This will be reviewed and reconsidered. New providers have just been accredited.

Ms. Harris shared with the Board the difference in the kinds of reviews our agency does compared with the Division of Facility Services. We will not duplicate their reviews.

Ms. Harris explained that many reviews are performed during the three years by different components of the LME as issues arise. She reviewed the type of triggers that cause us to conduct reviews and how our goal in performing reviews is to help and to coach.

Ellen Reckhow asked Vivian Harris to work with Lowell Siler to determine the County's liability on this issue.

REPORTS:

DURHAM CENTER ACCESS

MARTI WAGNER

Ms. Holliman introduced Marti Wagner, Regional Director of Durham Center Access. Ms. Wagner has been with Telecare for 15 years having worked in California and Texas before

coming to Durham. She is a Registered Nurse, having served as Director of Nursing, a Hospital Administrator, and with the Start up Team and Marketing Team of Telecare. She helped design and start up new programs in Dallas. Ms. Wagner's experience included the director of a very large community mental health center, an ACT Team, and a Mobile Crisis Team in Dallas, Texas.

A huge goal Durham Center Access is to be CARF Certified by 2007 which is national accreditation. If one program does not pass, none of the 25 Telecare Community programs will pass.

Ms. Wagner introduced John Sloan, Clinical Director, from Durham Center Access and Elaine Shrinner from Telecare's Corporate Office.

Ms. Wagner distributed a packet of information to the Board and audience. Durham Center has taken the lead with Crisis Services in the state. Ms. Wagner told the board members that Durham Center Access has had many visitors and calls from Smoky Mountain, Southeast LME, Cross Roads, and Piedmont, as well as the MH director from the state of Montana and others.

Durham Center Access opened in December. By mid February, there were times when the beds and chairs were full and the phones were ringing. Ms. Wagner assured the Board the community had found Durham Center Access. Services are provided 24/7/365.

Other Highlights:

- Average length of stay in the chairs is 12-14 hours.
- Residential Admissions increased from 42 in January to 78 in February
- Average Length of Stay 3.7 days
- 23-Hour Stabilization has continued to increase
- 70% Diagnosis is substance abuse
- 83% Self referral
- Admissions have been 60/40 Male/female

BOARD CHAIR REPORT

DOUG WRIGHT

Mr. Wright requested Board members read Ms. Holliman's evaluation form, which was included in their Board folder. Board members were asked to complete each element they feel comfortable scoring and commenting on and bring the completed evaluation form back to the next meeting.

The Board's annual budget retreat was held on March 16th. Mr. Wright said it provided good insight on how money was being spent. The bad news was that the New Leaf Substance Abuse Program for women who were pregnant announced their decision to close this program. A RFI will be issued to locate a new provider of this service.

Duke's Health Summit will be held Monday at the Washington Duke. Dr. Mooney and Ellen Holliman are on the program as the luncheon speakers. This year's topic is Substance Abuse.

The NC Council Board met March 18th. There was a suggestion by Advocacy Committee that we might have a "Breakfast of Champions" for Commissioners and Legislators to let them know what is happening in our local program. Ms. Holliman agreed to develop a plan for this effort.

Mr. Wright announced that the Board of County Commissioners agreed with the Area Board's recommendation to hire Ellen Holliman as Area Director.

DURHAM CENTER'S MONTHLY REPORT

ELLEN HOLLIMAN

Ellen Holliman asked Beth Bordeaux to introduce our new staff member Gwynn Crow. Ms. Bordeaux highlighted the written report noting the March numbers are included. **Copy attached**

ANNOUNCEMENTS

Nancye Bryan announced that furniture will be delivered on Monday, April 11 to 12 Shirley Strobel apartments at 1711 Liberty Street. This project has been years in the making.

ADJOURNMENT

Meeting adjourned 6:30

Respectfully submitted,

Ellen S. Holliman
Interim Area Director